

## **NAIL SURGERY POST OPERATIVE CARE**

- 1. Keep your foot dry and do not remove the bandage until tomorrow morning. Remove the bandage and soak the toe in a solution of 1 Tbsp Epsom salt to a quart of warm water for 5 minutes. Apply a small amount of Antibiotic (Neosporin) cream and cover with a bandaid. REPEAT THIS ONCE DAILY FOR ONE WEEK UNLESS TOLD OTHERWISE.**
- 2. The numbness in your toe will wear off in 2-6 hours. Elevate the foot above the heart to prevent throbbing and discomfort.**
- 3. If blood soaks through the post-op dressing, do not become alarmed. Elevate the foot above your heart and apply a new tighter adhesive bandage.**
- 4. A certain amount of discomfort may be present for 3-5 days.**
- 5. Limited exercise and activities for 1 week.**
- 6. Expect to see drainage and redness from the area for approximately 3-5 weeks. This is part of the normal healing process**
- 7. You are allowed to take showers (no baths). Re-medicate and apply bandaid.**
- 8. PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS.**

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### WART PROCEDURE HOME INSTRUCTIONS

1. Leave bandage on for 24 hours. Keep foot elevated tonight.
2. If bleeding occurs through bandage, reinforce with gauze.
3. Remove bandage tomorrow and wash area with antibacterial soap and water.
4. Apply Silvadene cream or triple antibiotic ointment and cover with gauze.
5. Repeat daily for one to two weeks.

## CANTHACUR TREATMENT

Canthacur is a potent topical medication that will cause a tender blister to develop within 24-48 hours after application. The blister is intended to lift the lesion from the underlying skin and hopefully destroy the lesion. Occasionally it may be necessary to have more than one treatment.

- 1.) It is necessary to keep the area absolutely clean and dry for 12-24 hours after the medication is applied.
- 2.) Keep the bandage on until the next morning. Shower and apply Neosporin cream and bandage for the next four days.
- 3.) Start using the wart stick covered with tensoplast tape, once a day after application of Canthacur.
- 4.) Stop using the wart stick two days before your next office visit.

If the blister becomes painful, apply ice and take aspirin or Tylenol to relieve the pain. Draining the blister will also give relief, but apply a topical antibiotic cream.

After approximately two weeks, you are to return to the office for the doctor to remove the blister and examine the area.